

Logging Class and Workshop Hours

To begin logging your workshops and classes on your path towards the Teacher Training, you will need to download the 5Rhythms Mobile App and create a student account there.

When you log in for the first time, please upload a clear photograph of yourself that makes it possible for teachers to accurately endorse your attendance. Without a profile image, your requests may not get approved. When you're ready to start entering your prerequisites, see the information below.

5Rhythms Mobile App Download links

Apple Store: <https://apps.apple.com/us/app/5rhythms/id1080655616>

Google Play: <https://play.google.com/store/apps/details?id=mokamoka.FiveRhythms>

Entering Prerequisites on the 5Rhythms Mobile App

First, make sure you create a student account. To do this, you click the menu bar on the top left corner (it's three little lines on top of one another). Then click the Login link. Swipe the Create student account tab to the right. Then you'll be able to add your personal details, such as First name, Last name, email, etc. Once you've created your account and have logged in, click on the menu bar again, and then tap on My Student Log.

To request classes you've attended, click the + sign in the upper right hand corner and an Attendance Request tab will open. Click Class. Tap on Teacher and you can search for your teachers at the top of the screen. Once you've found your teacher, click their name and you will be taken back to the Classes Request page. Then enter the start dates you started dancing with that teacher. Finally, enter your number of Attended hours and then push the Request button. Your request will then be sent to your teacher for approval.

To enter workshops you've attended, the steps are similar. On the Student Log screen, click the + sign in the upper right hand corner and the Attendance Request tab will open. Click Workshop. Find your teacher (again using the search bar instead of scrolling through hundreds of teacher names), click your teacher name, the year you took the workshop, and then click Search. You'll then be given a list of workshops the teacher gave in that year. You can scroll through the list of workshops, find the one you participated in and then click the Request button. The request will be sent to the teacher, and they will either approve or deny your request.

Our teachers are very good about adding all of their events to the website, but if for

some reason you simply cannot find the workshop you attended, go to the Student Log screen, click the + sign at the top right corner, select Workshop, and tap on the Unlisted workshop request button at the bottom. From there you add all of the details of the event you can remember (teacher, dates, name of the workshop, country, etc). If you received a certificate from the teacher (not all teachers give these out) attach it using the Certificate Image button. Finally Click the Submit button and the teacher will either approve or deny your request.

Entering Prerequisites on the 5Rhythms Website

You will find a button for “Student Login” at the bottom of the page when you go to <https://www.5rhythms.com>. Click the button and enter your student account details.

Once logged in you will see the Waves Attendance Request link on the left — that is for requesting weekly class hours. Click that link and you’ll see a list of teachers, as well as dropdown boxes of months and years. Choose the start dates (enter end dates ONLY if you are no longer dancing with that teacher). Be sure to fill in the number of hours you’ve danced with the teacher.

The link above it — Workshop Attendance Request — is for requesting any workshops you have attended previously. Click that link and you’ll see a drop down menu of all of our teachers. Click the teachers you’ve danced with in the past and a list of their workshops will appear. When you click the REQUEST button, an email is sent to the teacher to confirm your attendance. It’s very easy to use.

For any workshops that are not in the teachers list, you’ll need to request them. To do that click on the Workshop Attendance Request link on the left. There’s a button that says IF YOU CAN'T FIND A WORKSHOP PLEASE REQUEST HERE. Click that button, then fill out the form with all the details you can remember. The teacher will then receive the request and approve or deny your request.